# Vestibular Evoked Myogenic Potentials (VEMP) in patients with Multiple Sclerosis

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#### **ABSTRACT**

**Background:** multiple sclerosis (MS) is a chronic demyelinating disease in which the insulating covers of nerve cells in the brain and spinal cord are damaged and this damage disrupts the ability of parts of the nervous system to communicate, resulting in a range of signs and symptoms. **Objective:** this study aimed to assess cervical vestibular evoked myogenic potentials (cVEMP) in patient with multiple sclerosis and to demonstrate the value of cVEMP as a good method for the assessment of vestibulospinal tract in patients with MS. Patients and Methods: to achieve this target, we enrolled 50 subject: 30 patients diagnosed as MS in addition to 20 healthy control. The cVEMP response was evaluated for the presence of positive (p1) and negative (n1) peaks of the first biphasic wave complex; latency (p1 and n1 latency) and peak to peak amplitude. The bilateral otoscopy was normal in cases and controls, with no middle or outer ear disease that could bias the study results being found. The pure tone audiometry showed levels of hearing compatible with normal hearing in the 20 healthy subjects, with hearing thresholds that did not exceed 25 dB for any individual. **Results:** the present results showed that 60 % of MS patients had VEMP abnormalities (absent responses and/or prolonged latencies). In the present study, patients with absent VEMP wave were found to have significantly higher disease duration. In the present study, the absence of P13-N23 waves were more frequent in patients with greater EDSS score, and also absence of P13-N23 waves were more frequent in patients with MS with vestibular symptoms and greater disability.

**Conclusion:** we can say that in patients with MS in which demyelination has extended to the vestibulospinal tract, there is going to be a prolongation of the p13 and n23 wave. In fact, this increase in the p13 and n23 latencies is clear in the patients with MS in comparison to the control group.

**Keywords:** multiple sclerosis, vestibular evoked myogenic potentials, pure tone audiometry, EDSS.

## INTRODUCTION

Multiple sclerosis (MS) is a chronic demyelinating disease in which the insulating covers of nerve cells in the brain and spinal cord are damaged and this damage disrupts the ability of parts of the nervous system to communicate, resulting in a range of signs and symptoms. These symptoms include sensory and motor impairment, ataxia, spasticity, fatigue, and cognitive impairment and leads to significant disability (1).

MS was the most frequently seen demyelinating disease, with a prevalence that varies considerably, from high levels in North America and Europe (> 100/100,000 inhabitants) to low rates in Eastern Asia and sub-Saharan Africa (2/100,000 population) (2). A community-based survey in Al Quseir, Egypt, has found an MS prevalence of 13.74/100,000. A retrospective

meta-analysis in different referral centers of Egypt has found 648 patients with definite MS. Vestibular Evoked Myogenic **Potentials** (VEMP) was a myogenic potential generated by a sound stimulus that allows noninvasive exploration of the vestibular sense organ (saccule and inferior vestibular nerve). VEMP acoustic stimulus can be evoked by presenting clicks through headsets. The macula was activated by sound stimulus, generating an electrical potential which goes through the pathway of the inferior vestibular nerve, lateral vestibular nerve, vestibulospinal tract, and finally, ipsilateral motor neuron of neck muscle (3). Although initially used in peripheral vestibular disorders, recent findings suggested that VEMP reflected functions of the central otolithic pathways as well, indicating that they could also be applied to disorders of the central

Received: 09/10/2018 Accepted: 28/10/2018 nervous system (4). Evoked potentials play an important role in MS diagnosis due to their ability to detect subclinical lesions (5), while VEMP was one of these evoked potentials. Although this test is a useful and noninvasive method to examine the function of vestibular nerve and inferior brain stem, there are fewer studies evaluated its importance in MS (6). Vestibular evoked myogenic potential was a useful diagnostic method in an evaluation of clinically silent lesions in patients with multiple sclerosis (MS), especially in lesions of lower pons and medulla oblongata. Abnormal results of VEMP in patients with MS implicates lesion of the brainstem, despite normal MRI and/or neurological examination (7). Characteristic findings in MS patients were prolonged latencies, similar to as in visual evoked potentials or a nerve conduction block. Several studies investigated cVEMP abnormalities in patients with MS (8). However, to the best of our knowledge, cVEMP was not widely used to assess the sacculo colic pathway in diagnosis of neurological diseases affecting vestibular function. So this study was designed to assess the value of cVEMP in MS patients.

#### **AIM of the STUDY**

This study aimed to assess cervical vestibular evoked myogenic potentials (cVEMP) in patient with multiple sclerosis and to demonstrate the value of cVEMP as a method for the assessment of vestibulospinal tract in patients with MS.

#### SUBJECTS and METHOD

This was a descriptive cross-sectional study of fifty persons at Audiology Unit El-Hussein Hospital during the period from February to August 2018.

**Subjects** were divided into two groups:

**Control group:** the control group consisted of 20 volunteer healthy subjects whose mean age was  $29.35 \pm 4.38$  years and their age range was 20-36 years.

Inclusion criteria for control group were history of normal neurological development, normal hearing thresholds (threshold level better than or equal to 25dB nHL) according to AAOO <sup>(9)</sup> with no other ontological or neurological disease.

**Study group:** consisted of 30 patients whose mean age was  $30.87 \pm 4.49$  years and their age range was 21-38 years referred from

Neurology Department El-Hussein Hospital. Written consent from all subjects was taken.

Inclusion criteria: definite MS of either relapsing remitting (RR) or secondary progressive (SP) type subjects based on their medical records, neurologist diagnosis according to revised McDonald criteria 2010. Auditory thresholds equal or lower than 25 dB HL at all frequencies evaluated (octave frequencies between 0.25 and 8 kHz), bilaterally. No history of epilepsy, seizures and head injury. No history of any other general diseases.

**Exclusion criteria:** any degree of hearing loss, limitation of neck rotation, weakness of sternocleidomastoid muscle, consumption of vestibulo toxic or suppressant drugs within the past month.

**Equipment:** pure tone audiometer model MAICO53, immittancemeter model GSI 39 with a probe tone 226Hz, Evoked potential Intelligent Hearing system (IHS).

Method: all subjects were submitted to the following: full history taking, otological examination, pure tone audiometry was done at frequencies 250, 500, 1000, 2000, 4000 and 8000 Hz. Immitancemetry was performed to exclude otitis media or any middle ear pathology before VEMP testing. Acoustic reflex threshold was done on 500, 1000, 2000 and 4000 Hz ipsilaterally and contralaterally. Bone conduction was tested at frequencies 500, 1000, 2000 and 4000 Hz. Speech Audiometry also was done to detect the speech reception threshold (SRT) using Arabic Bisyllabic words for adults as shown by Soliman (10) and word recognition scores using Arabic phonetically balanced words Soliman et al. (11). VEMP was performed. First, the skin was cleansed carefully before application of the electrodes to ensure the impedance is less than 5 k ohm. After cleaning the skin, active surface electrode was placed on the upper half SCM of the stimulated side. Reference electrode and ground electrode placed on the inner margin of sternoclavicular joint and the forehead, respectively (12). The patient was sitting down and turned the chin to the side opposite the stimulus. thereby tightening sternocleidomastoid muscle (13). For the recording of VEMP response:

**Stimulus parameters:** broad band click <sup>(14)</sup>. Stimulus repetition rate: 3.10/sec. Stimulus intensity: 88 dBnHL. Polarity: rarefaction Sweeps number: 250 click for both

traces. Mode of stimulus delivery: through TDH 49 head phones.

**Recording parameters:** the filter settings: 30- 1500Hz. Time window: 50 msec. Gain: 5 KHz gain factor was used.

The intensity at which a clear and repeatable biphasic wave observed was recorded as the VEMP threshold. If no reliable response was obtained, the VEMP threshold was considered as absent. The VEMP amplitude (peak to peak), P13 and N23 latencies was measured at a stimulus level of 88 dB nHL. Waves were evaluated for being present or absent, and P13 and N23 latencies, P13-N23 amplitude. Positive VEMP is defined as an initial positive polarity (P13), approximately 13 ms after stimulus onset, and subsequent negative polarity (N23), at nearly 23 ms, giving rise to a biphasic P13-N23 wave. Considering all of this, the parameters of these potentials to be assessed were the presence or absence of response; P13 and N23 wave latency in milliseconds and peak to peak amplitude ratio in  $\mu\nu$ , a very constant parameter that increases in central lesions.

#### **Statistical methods:**

Data were coded and entered using the statistical package SPSS version 25. Data was summarized using mean and standard deviation for quantitative variables and frequencies (number of cases) and relative frequencies (percentages) for categorical variables. Comparisons between groups were done using unpaired t test when comparing 2 groups (15). For comparing categorical data, Chi square  $(\chi 2)$ test was performed. Exact test was used instead when the expected frequency is less than 5 <sup>(16)</sup>. P-values less than 0.05 were considered as statistically significant.

### RESULTS

Table 1: comparison between study and control groups as regard air conduction and bone conduction threshold, SRT (dBHL), MCL (dBHL), WR and acoustic reflex threshold in Hz

		Gr				
	Stu	dy group	Con	trol group	t	P value
	Mean	SD	Mean	SD		
PTA (AC 250)	17.50	± 3.74	17.87	± 3.74	-0.491	0.624
PTA (AC 500)	19.67	± 4.10	19.62	± 3.99	0.050	0.960
PTA (AC 1000)	19.00	± 4.49	17.75	± 4.52	1.360	0.177
PTA (AC 2000)	16.25	± 4.28	16.12	± 4.73	0.137	0.891
PTA (AC 4000)	15.75	± 9.29	17.75	± 10.62	-0.996	0.322
PTA (AC 8000)	16.17	± 4.64	16.88	± 5.02	0.724	0.471
BC 500	19.58	± 4.15	19.50	± 4.05	-0.051	0.960
BC 1000	18.67	± 4.59	17.25	± 4.52	1.521	0.132
BC 2000	16.17	± 4.35	16.00	± 4.83	0.179	0.858
BC 4000	14.67	± 4.86	16.12	± 4.87	-1.469	0.145
SRT (dBHL)	19.33	± 3.62	19.37	± 3.79	-0.055	0.956
MCL (dBHL)	59.17	± 3.81	59.13	± 4.06	0.052	0.959
WR%	99.60	± 1.21	99.80	± .88	-0.897	0.372
AR (ipsilateral) 500	94.75	± 6.00	93.38	± 5.82	1.137	0.258
AR (ipsilateral) 1000	96.83	± 5.44	97.25	± 5.66	-0.369	0.713
AR (ipsilateral) 2000	93.42	± 7.78	95.88	± 5.87	1.797	0.075
AR (ipsilateral) 4000	95.33	± 6.44	97.38	± 5.88	1.608	0.111
AR (contralateral)500	94.45	± 7.34	94.88	± 4.99	-0.229	0.820
AR (contralateral)1000	97.05	± 6.87	95.88	± 5.17	0.648	0.520
AR (contralateral)2000	103.76	± 5.33	95.12	± 5.22	5.66	< 0.001
AR (contralateral)4000	102.23	± 5.76	95.25	± 5.67	4.829	0.001

Table 2 identification of cVEMP among study and control group

			Group							
			Study	Control						
		No	%	No	0/0					
cVEMP	Present	19	63.4%	20	100%					
CVENIP	Abscent	11	36.6%	0	0 %					

Table 3: comparison between P13, N23 latencies and (P-P) amplitude ratio at both sides among control group

		Contro				
	Right		Left		t	P value
	Mean	SD	Mean	SD		
P13 msec	11.39	± 1.27	11.39	± 1.27	0.000	1.000
N23 msec	22.23	± 1.74	21.31	± 1.84	1.624	0.113
Peak to Peak amplitude ratio (P-P) μv	36.63	± 7.66	35.10	± 6.92	0.663	0.511

<sup>\*\*</sup> No statistically significant difference in P13, N23 latencies and (P-P) amplitude ratio between right and left ear in control group.

Table 4: comparison between P13, N23 latencies and (P-P) amplitude ratio at both sides among Study group

		Study	T	P		
	Right		Left			value
	Mean	SD	Mean	SD		
P13 msec	13.57	± 2.70	13.69	± 2.82	-0.139	0.890
N23 msec	23.68	± 2.78	22.93	± 3.15	0.831	0.411
Peak to Peak amplitude ratio (P-P) μv	38.31	± 8.77	39.25	± 8.35	-0.357	0.723

<sup>\*\*</sup> No statistically significant difference in P13, N23 latencies and (P-P) amplitude ratio between right and left ear in cases group.

Table 5: comparison between study and control groups as regard P13, N23 latencies and (P-P) amplitude ratio

	Study group		Cont	trol group	Т	Danalasa
	Mean	SD	Mean	SD	1	P value
P13 (Rt) msec	13.57	± 2.70	11.89	± 1.27	3.466	*0.002
N23 (Rt) msec	23.68	± 2.78	22.23	± 1.74	2.089	*0.044
Peak to Peak amplitude ratio (P-P) Rt μν	38.31	± 8.77	36.63	± 7.66	0.673	0.505
P13 (Lt) msec	13.69	± 2.82	11.13	± 1.27	3.389	*0.002
N23 (Lt) msec	22.93	± 3.15	21.31	± 1.84	1.996	0.055
Peak to Peak amplitude ratio (P-P) Lt μv	39.25	± 8.35	35.10	± 6.92	1.714	0.095

<sup>\*\*</sup> It shows highly statistically significant difference between study and control groups as regard P13 and N 23 latencies in both right and left ear but no statistically significant difference was observed as regard (P-P) amplitude ratio.

Table 6: effect of gender on P13, N23 latencies and (P-P) amplitude ratio in the study group

		Male	F	<b>Temale</b>	t	P value
	Mean	Standard	Mean	Standard		
		Deviation		Deviation		
P13	12.54	1.43	13.93	2.97	-1.089	0.289
N23	21.54	2.00	24.44	2.65	-2.435	0.024
Peak to Peak ratio (P-P)	39.87	4.94	37.76	9.85	0.496	0.625

<sup>\*\*</sup> No statistically significant difference in P13, N23 latencies and (P-P) ratio among both males and females in the study group.

Table 7: comparison between patient's subgroup according to presence of presenting symptoms as regard P13, N23 latencies and (P-P) amplitude ratio

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	Presenting symptoms											
	bluri	ng of	ga	ait	Head	Headache rt LL weakness of					F	P
	vis	ion	distur	bance			weakness		both LL			value
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD		
P13	14.42	4.01	12.02	1.20	14.79	2.37	12.72	2.91	14.01	2.82	0.954	0.456
N23	22.92	2.85	23.21	3.32	24.47	1.91	22.60	3.63	25.72	1.49	0.797	0.543
Peak to	40.28	7.73	40.80	6.94	38.33	12.82	36.22	7.58	35.00	9.17	0.286	0.883
Peak ratio												
( <b>P-P</b> )												

<sup>\*\*</sup> No statistically significant difference in P13, N23 and (P-P) ratio among different presenting symptoms in the study group.

Table 8: comparison between patient's subgroup according to presence of dizziness as a complaint as regard P13, N23 latencies and (P-P) amplitude ratio

		Dizz				
	p	resent	A	Absent	T	P value
	Mean	SD	Mean	SD		
P13 msec	17.25	± 2.03	12.55	± 1.84	4.957	< 0.001
N23 msec	23.22	± 3.23	23.81	± 2.73	-0.414	0.683
Peak to Peak amplitude	36.02	± 9.27	38.95	± 8.80	-0.651	0.522
ratio (P-P) μv						

<sup>\*\*</sup> It shows highly statistically significant difference among study group as regard presence and absence of dizziness.

Table 9: comparison between patient's subgroup according to EDSS score as regard P13, N23

latencies and (P-P) amplitude	e ratio
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		EI				
	>5.5			<5.5	t	P value
	Mean	Standard Deviation	Mean	Standard Deviation		
P13	15.35	1.64	13.30	2.75	1.242	0.228
N23	25.15	1.48	23.46	2.88	0.980	0.338
Peak to Peak ratio (P-P)	42.00	16.46	37.76	7.62	0.439	0.701

<sup>\*\*</sup> It shows no statistically significant difference as regard P13, N23 latencies and (P-P) amplitude ratio and EDSS score.

#### **DISCUSSION**

The present study aimed to assess cervical vestibular evoked myogenic potentials (cVEMP) in patient with MS and to demonstrate the value of cVEMP as a good method for the assessment of vestibulospinal tract in patients with MS.

To achieve this target, we enrolled 50 subjects: 30 patients diagnosed as MS in addition to 20 healthy control. In MS patients, relations were evaluated between VEMP waves and presenting symptoms, including vestibular symptoms, presence of a demyelinating lesion in the brainstem on MRI, disease duration and EDSS score.

In our study, the multiple sclerosis patients had mean age of 30.87±4.49 years and their age range was 21-38 years, while the control group had a mean age of 29.35±4.38 years and their age range were 20-36 years without statistically significant difference between both groups and this was in agreement with most epidemiological studies on the age of onset of MS.

Gracia et al. (17) reported that there were various studies that have been carried out on this disease and in all of them the fact that the first symptoms generally appeared between the ages of 20 and 40 years. **Sharafaddinzadeh** et al. (18) reported that the mean age of MS onset was in the third decade from 25.8 to 30.9 years.

The peak age of onset is approximately 5 years earlier for women than for men.

Harirchian et al. (12) reported in their study that the mean age MS patients: 20-40 years; mean age: 30±5.4 years. Milo and Kahana (19) reported that MS usually appears in adults in their late twenties or early thirties but it can rarely star t in childhood and after 50 y ears of age. All subjects in the study and the control groups had pure tone thresholds equal or less than 25 dB HL for all tested frequencies (0.25 KHz through 8 KHz). This indicated normal peripheral hearing according to **AAOO** (9) with no significant difference between both Our study showed that, speech groups. audiometry revealed that speech reception threshold (SRT) is in agreement with pure-tone average for all subjects and word discrimination scores (WDS) were excellent with no significant difference between the control and In our study we found that study groups. normal middle انقول In our study we found that ear functions were observed in all subjects, as shown by acoustic immittance test results (all subjects had type A tympanogram). All ears had acoustic reflex thresholds within normal range when elicited ipsilaterally with no significant difference between the control and study groups, but according to contralateral acoustic reflex thresholds there was significant

difference between the control and study group. Hearing loss was un common symptoms of MS, about 4% to 10% of patients diagnosed with MS develop sensory-neural hearing loss (20). **Tekin** et al. (21) reported that in 4-10 % of the MS patients, sensorineural hearing loss occurred between relapses or remissions. Zeigelboim et al. (22) found no evidence of hearing loss in MS patients. Nevertheless, regardless of the age range, affected patients were able to respond to every tested frequency. In this study, the presenting symptoms in our patients were as follows: weakness of lower limb extremities (10 cases), gait disturbance (9 cases), headache (6 cases) and blurring of vision (5 cases). On the other hand, dizziness and balance impairment as a complaint were present in 12 (40%) of MS patients and this was in agreement with. Susan and Jesse (23) reported that over 90% of people with MS report mobility difficulties, and maintaining mobility is consistently ranked as one of the highest priorities for this group, independent of disease duration or disability level.

In this study we found that the mean overall p13 wave latency in in the total sample of MS cases was 13.57 and 13.69 msec for right and left ear respectively. If compared with that of the control group, in which the mean p13 wave latency was 11.89 and 11.13 msec for right and left ear respectively, it showed that there is a statistically significant increase in the p13 wave latency in our patients with MS.

We also found that the overall mean N23 wave latency for right ears of MS group was 23.68 msec. Again, if it compared with that obtained in the control group in which the mean N23 wave latency for right ears was 22.23msec, it showed that there is a statistically significant increase in the n23 wave latency in patients with MS.

Gracia et al. (17) reported that prolonged latencies in MS patients were the most common findings which may be attributed to reduced conduction velocity because of demyelination of vestibulospinal tract axons or primary afferent axons in the nerve root entry zone and absence of cVEMP waves in MS patients may be attributed to advanced damage to the myelin sheath or axonal degeneration. Although demyelinating lesions typically cause reduced conduction, severe demyelination may cause conduction block, desynchronized conduction and phase loss which may result in loss of response. Axonal degeneration and

demyelination in MS may begin early in the disease course and progress, they also reported that in patients with MS in which demyelination had extended to the vestibulospinal tract, there is going to be a prolongation of the p13 and n23 wave latencies. In fact, this increase was statistically significant in the p13 and n23 latencies was clear in the patients with MS in comparison to the control group, also the affectation of both ears has also been confirmed in their study. **Harirchian** *et al.* (12) showed that 70% of MS patients had some form of abnormality and the mean abnormality in their study was prolongation of P13 and N23 latencies in MS patients, and therefore Vestibular evoked myogenic potential has a high sensitivity (70%) in MS patients. Varied results had been reported previously about the relation between cVEMP abnormalities. clinical signs and presence of brainstem lesions on MRI scans.In this study there was no statistically significant difference between cVEMP abnormalities and clinical signs or presence of brainstem lesions on MRI scans and this was in agreement with results of Garcia et al. (17) who found increased p13 and n 23 latencies. However, a correlation with the clinical findings and abnormal cVEMP responses was not present; patients with clinical signs and symptoms and abundant MRI lesions normal cVEMP results asymptomatic patients with few lesions on imaging showed greatly altered potentials. Also, Garcia et al. (17) were also unable to find a correlation between VEMPs and brainstem clinical or MRI lesions. According to the above-mentioned data, testing cVEMPs in MS cases is not a sensitive way of documenting brainstem involvement and this agrees with results of Gracia et al. (17) who showed that absence of correlation between the results for the potentials and clinical signs or symptoms or the characteristic radiological alterations of MS. In the current study, abnormal cVEMP response was more frequent in ears of MS patients with vestibular symptoms than without and in patients with great EDSS score. This is in agreement with those of Koura and Hessein<sup>(4)</sup> who reported that absence of P13– N23 waves was more frequent in patients with higher EDSS score and also absence of P13-N23 waves was more frequent in MS cases with vestibular symptoms. Also, Guven et al. (24) reported that absence of p1-n1 waves was more frequent in ears of MS cases with vestibular

symptoms and also more frequent in ears of MS patients with greater EDSS score.

Also, Gazioglu and Boz (25) studied both ocular and cervical VEMPs and had found that n1 latency of ocular vestibular-evoked myogenic potentials (oVEMPs) and p1 latency of cVEMP were prolonged in MS patients and were significantly correlated with EDSS. The mean duration of disease was 7.90±3.34 and this study showed that there was no statistically significant difference between **VEMP** abnormalities and disease duration and this was in agreement with Gazioglu and Boz (25) who reported that cVEMP abnormalities were not with correlated disease duration Harirchian et al. (12) who showed that there was no statistically significant relation between a course of the disease and abnormal cVEMP. As regard amplitude, data on amplitudes provide less information, without being able to reach a plausible conclusion. As amplitude is one of the most variable VEMP parameters, it was influenced by many extrinsic factors and appears altered in both middle ear disease and in central and peripheral lesions. In contrast, according to the other cVEMP parameter peak to peak ratio (P-P ratio) the mean value of (P-P ratio) for MS cases was 38,31µv and 39.25 µv for both right and left ear consequently, while that of control group was 36.63 µv and 35.10 uv for both right and left ear consequently with no statistically significant differences between MS cases and control group.

This is in agreement with results of Koura and Hussein (4). They reported that there were no statistically significant differences between patients with preserved cVEMP and controls in the mean value of cVEMP amplitude or interaural amplitude ratio in right or left side. Guven et al. (24) showed that the mean p1-n1 amplitude was lower in the MS cases than in control groups but there were no significant differences between MS and control group in mean p1, n1. Harirchian et al. (12) showed the variability of the amplitude can be due to the patient position, lack of cooperation, and inability of the subject to keep the SCM muscle tonically contracted for a few seconds. Therefore, they suggested that amplitude should not be used as criterion to define the VEMPs as normal or pathological. Gracia et al. (17) also reported that the inter-aural difference in amplitude was also evaluated in all the patients. However, the results obtained for this

factor showed a clear disparity and were not taken into account in the statistical study.

**Finally**, the assessment of VEMP could be useful in detecting subclinical lesions or evaluation of vestibulospinal pathway in MS patients.

#### **CONCLUSION**

cVEMP is a quick, simple, painless and complementary with other neurophysiological and radiological tests in assessing brainstem lesions in MS.

cVEMP is not a sensitive way to decument brainstem involvement in MS patients (only 60 % of MS patients had VEMP abnormalities depending on vestibulospinal tract affection by demylination process. Abnormal VEMP waves were more frequent in MS cases with vestibular symptoms, longer disease duration and greater disability (EDSS). No correlation between cVEMP abnormalities and clinical signs and MRI finding of brain involvement in MS patients.

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