

Outcomes of Complete Atrioventricular Septal Defect Surgical Repair in Down Patients

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ABSTRACT

Background: Atrioventricular septal defect (AVSD) is commonly associated with chromosomal abnormalities, especially trisomy 21 or Down syndrome (DS). Surgical repair of complete AVSD (CAVSD) is a complex procedure that carries risks of postoperative morbidity and mortality.

Objective: To evaluate the surgical outcomes and to identify the risk factors for hospital mortality and reoperation after repair of CAVSD in DS patients.

Patients and Methods: This retrospective cohort study included 65 consecutive DS patients who underwent surgical correction for the complete form of AVSD with or without associated congenital heart diseases during the period from 1st January 2014 to the end of June 2020. Patients with associated other major cardiac anomalies were excluded.

Results: In-hospital mortality was documented in 3 (4.6%) patients, whereas 4 (6.2%) patients needed second unplanned operation for valve/shunt correction. Heart block that needed permanent pacemaker insertion was recorded in 3 (4.6%) patients. In-hospital mortality was significantly associated with prolonged cardiopulmonary bypass (CPB) time ($p = 0.008$) and the development of renal dysfunction that required dialysis or sepsis ($p = 0.004$). We found a significant association between the need for second unplanned operation and type A CAVSD ($p = 0.041$) and the presence of preoperative moderate/severe atrioventricular (AV) valve regurgitation as detected in the transesophageal echocardiography (TEE) ($p=0.035$).

Conclusions: In view of the incidence of the hospital mortality, reoperation, and other postoperative morbidities, we suggest that our outcomes are accepted for surgical repair of CAVSD in DS patients. The CPB time and the development of renal dysfunction that required dialysis and sepsis during the ICU care significantly contributed to the hospital mortality.

Keywords: Atrioventricular septal defect, Down syndrome, Hospital mortality, Outcomes, Reoperation.

INTRODUCTION

Atrioventricular septal defect (AVSD) is a severe congenital heart disease characterized by a spectrum of cardiac anomalies, mainly deficient atrioventricular septation and variability in atrioventricular valve morphology. The complete form of AVSD (CAVSD) includes a premium interatrial septal defect, common atrioventricular (AV) valve orifice, and an interventricular septal defect of inlet type⁽¹⁾. The CAVSD is an uncommon malformation, and it accounts for 3% of all congenital heart diseases⁽²⁾.

Atrioventricular septal defect arises from defective development of endocardial cushions during the prenatal period due to genetic mutations. It is commonly associated with chromosomal abnormalities, especially trisomy 21 or Down syndrome (DS)⁽³⁾. Every six patients with DS have associated AVSD. Further, Down syndrome cell adhesion molecule gene has been described to be associated with AVSD and other congenital heart diseases in these patients⁽⁴⁾.

Atrioventricular septal defects are very commonly diagnosed in utero or after birth by echocardiography. Three-dimensional echocardiography is very useful in the diagnosis, further delineating treatment options, and in the follow up after surgical correction^(5,6).

A diverse and challenging group of defects that require surgical correction characterizes atrioventricular septal defect. Early surgical repair of complete AVSD is the ultimate treatment option to reduce the pulmonary vascular disease⁽⁷⁾. Surgical repair of complete AVSD is a complex procedure that carries risks of postoperative morbidity and mortality due to various complications such as residual intracardiac shunts, atrioventricular valve regurgitation, left ventricular outflow tract obstruction, and arrhythmias⁽⁸⁾.

Postoperative outcomes depend on various preoperative and operative risk factors. Further, there is no conclusive evidence in the literature on the outcomes of CAVSD repair in DS patients⁽⁹⁾.

Therefore, this study aimed to evaluate the surgical outcomes and to identify the risk factors for



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hospital mortality and reoperation after repair of CAVSD in DS patients.

PATIENTS AND METHODS

This retrospective cohort study was conducted at the Department of Pediatric Cardiac Surgery and Pediatric Cardiology in Madina Cardiac Center (MCC) and Faculty of Medicine, Menoufia University, Egypt.

Ethical approval:

The study was conducted after the approval of the Local Research Ethics Committee of Madina Cardiac Center ,no (2021 R24). The confidentiality of the patients' data was maintained by using a coding system for every patient. Informed written consent was obtained from parents of all children participants before recruitment in the study, after explaining the objectives of the work. This work has been carried out in accordance with The Code of Ethics of the World Medical Association (Declaration of Helsinki) for studies involving humans.

Eligibility criteria:

We included consecutive Down syndrome children who underwent primary surgical repair of CAVSD. Patients with concomitant cardiovascular anomalies including Tetralogy of Fallot (TOF), coarctation of the aorta, pulmonary artery hypertension, pulmonary artery stenosis and/or previous pulmonary artery banding (PAB) were included.

Exclusion criteria: Patients had other complicated congenital cardiac anomalies were excluded from the study.

Data collection:

Data of patients presenting between the 1st of January 2014 and the end of June 2020 were collected from the hospital patients' records. Preoperative data included sex, age and weight at the operation time, history of pulmonary artery banding, and the pressure gradient around the band as well as the time between banding and the surgical CAVSD closure. The type of CAVSD, other concomitant congenital cardiac anomalies, the anatomy of the valves as detected in the preoperative transesophageal echocardiography (TEE), and history of preoperative catheterization were recorded. Operative data included the technique of surgical CAVSD closure either single or double patch repair, the type of thymectomy, cross clamp and cardiopulmonary bypass (CPB) times, and the intraoperative TEE findings. Data during the period of intensive care unit (ICU) admission comprising the length of stay, the duration of inotropes and mechanical ventilation, the presence of heart block and the need for permanent pacing, and early postoperative complications and/or organ failure were recorded. The long-term outcomes including in-hospital mortality (defined as death within 30 days after CAVSD

repair or before hospital discharge), the need for unplanned second operation for valves correction (interventional cardiac catheterizations and permanent pacemaker placements performed during the follow up period were not included as reoperations), heart block that needed permanent pacemaker (PPM) insertion, and recurrent hospital admission were also documented.

Surgical procedures:

For balanced complete AVSD, early primary repair either with single patch closure or with two patches closure with valve annuloplasty is necessary. Two patches closure is preferred as one patch closure is associated with an increased rate of recurrent procedures due to patch dehiscence and residual shunt ⁽¹⁰⁾. For unbalanced complete AVSD, repair technique may include single ventricle palliation with the staged biventricular repair or primary biventricular repair ⁽⁸⁾.

Statistical analysis

Statistical analysis was conducted using SPSS (Statistical Package for the Social Sciences) computer program, version 22. Categorical data were represented as numbers and frequencies. Continuous data were tested for normality by the Shapiro-Wilk test. Data were skewed and were presented as the median and interquartile range (25th – 75th percentiles). Fishers' Exact and the Mann-Whitney U tests were performed to investigate the association between the risk factors and the incidence of in-hospital mortality and second unplanned operation. P-value less than 0.05 was considered statistically significant.

RESULTS

This study included 65 Down syndrome patients who underwent surgical repair of complete AVSD. The highest percent were females (58.5%). Their ages at operation time ranged from 4.0 to 47.0 months with a median of 8.0 months (IQR=6.0-12.0), and the median weight at operation was 5.5 (4.5-7.0) kg. The most frequent type was type A (86.2%), followed by type C (10.8%). Twenty- three (35.4%) patients had associated cardiovascular anomalies, two patients (3.1%) had TF, another 3 patients had combined TF and pulmonary stenosis, and Pulmonary HTN was detected in 8 patients (12.3%).

Anatomy of AV valve as determined by the preoperative TEE and moderate/severe AV valve regurgitation was determined in 29 (44.6%) patients. Preoperative catheter evaluation was done in 11 (16.9%). Seven (0.8%) patients underwent palliative pulmonary banding. Operative characteristics showed the use of two patches with valve annuloplasty technique for repairing in 50.8% of the patients. Further, total thymectomy was done in more than half (52.3%) of patients. Intraoperative TEE revealed significant findings (moderate/severe valve regurgitation or stenosis with or without residual shunt) in 11 (16.9%) patients (Table 1).

Table (1): Demographic, preoperative, and operative characteristics of the studied patients (n=65)

Sex (n, %)	Female	38	58.5%
	Male	27	41.5%
Age (Months)	Range	4.0-47.0	
	Median (IQR)	8.0 (6.0-12.0)	
Weight (kg)	Range	3.0-17.0	
	Median (IQR)	5.5 (4.5-7.0)	
Type of AVSD (n, %)	A	56	86.2%
	B	2	3.1%
	C	7	10.8%
Associated cardiac problems (n, %)	PHT	8	12.3%
	Pulmonary stenosis	3	4.6%
	Pulmonary stenosis/TOF	3	4.6%
	TOF	2	3.1%
	Aortic coarctation	1	1.5%
	others	6	9.2%
Anatomy of AV Valve by TEE (n, %)	Less than moderate AV regurgitation	36	55.4%
	Moderate/severe AV valve regurgitation	29	44.6%
Preoperative catheter evaluation (n, %)	Yes	11	16.9%
PAB (n, %)	Yes	7	10.8%
Gradient pressure around the band	Median (IQR)	80.0 (7.0-122.0)	
Time between banding and the operation	Median (IQR)	12.0 (8.0-16.0)	
Type of patch repair (n, %)	Single patch with valve annuloplasty	32	49.2
	Two patches & valve annuloplasty	33	50.8
Thymectomy	Partial	31	47.7
	Total	34	52.3
CPB time (Minutes)	Median (IQR)	122.0 (100.0-162.0)	
Cross clamp time (Minutes)	Median (IQR)	89.0 (68.0-120.0)	
Intraoperative TEE	Significant findings (moderate/severe valve regurgitation or stenosis with or without residual shunt)	11	16.9%
	Others	54	83.1%

TEE; transesophageal echocardiography, PAB; pulmonary artery banding

Table (2) showed outcomes of surgical repair of complete AVSD in the studied patients. During hospital treatment, 11 (16.9%) stayed for longer than 10 days, 16 (24.6%) were ventilated for more than 48 h, and 30 (46.2%) developed various early complications; of those, pleural effusion (chyle or not) was the most frequent (18.5%).

Renal dysfunction with dialysis and sepsis were verified in 11 (16.9%), while 13 (20%) developed postoperative pulmonary HTN crisis. In-hospital mortality was documented in 3 (4.6%) patients. Last follow up TEE revealed significant findings (moderate/severe mitral or tricuspid regurgitation or stenosis, with or without residual shunt) in 12 (18.5%) patients, whereas 4 (6.2%) needed second unplanned operation for valve/shunt correction. Heart block that needed PPM insertion was recorded in 3 (4.6%) patients.

Table (2): Outcomes of surgical repair of complete AVSD in the studied patients

		N=65	%
Outcomes during hospital treatment			
ICU stay longer than 10 days Yes		11	16.9%
Prolonged ventilation >48h		16	24.6%
Early complications	Pleural effusion (chyle or not)	12	18.5%
	Low cardiac output	6	9.25%
	Arrhythmias	5	7.7%
	Others	7	10.8%
Renal Dysfunction with dialysis		11	16.9%
Postoperative pulmonary HTN crisis		13	20.0%
Neurological insult		2	3.1%
Deep sternal wound infection		5	7.7%
Sepsis		11	16.9%
In-hospital mortality		3	4.6%
Long-term outcomes			
Last follow up TEE	Significant findings ^a	12	18.5%
	Others	53	81.5%
Residual VSD closed by device		1	1.5%
Heart block needed PPM insertion		3	4.6%
Second unplanned operation		4	6.2%
Recurrent hospital admission		4	6.2%

^aSignificant finding: moderate/severe mitral or tricuspid regurgitation or stenosis, with or without residual shunt

Table (3) showed that in-hospital mortality was significantly associated with prolonged CPB time ($p = 0.008$). The median CPB time was significantly higher in non-survivors (220.0, IQR= 170.0-242.0) than in survivors (121.0, IQR=99.0-160.0). As well, the development of renal dysfunction that required dialysis or sepsis during the ICU care was significantly associated with the in-hospital mortality ($p = 0.004$).

Table (3): Factors associated with In-hospital mortality

		In-hospital mortality				P value
		No		Yes		
Sex	Female	36	58.1%	2	66.7%	>0.999
	Male	26	41.9%	1	33.3%	
Age (Months)	Median (IQR)	8.5 (6.0-12.0)		5.0 (4.0-7.0)		0.052
Weight (kg)	Median (IQR)	5.5 (4.5-7.5)		4.7 (3.0-5.0)		0.112
Type of AVSD	A	53	85.5%	3	100.0%	>0.999
	B	2	3.2%	0	0.0%	
	C	7	11.3%	0	0.0%	
Associated cardiac anomalies	NO	41	66.1%	1	33.3%	0.343
	PHT	7	11.3%	1	33.3%	
	Pulmonary stenosis	3	4.8%	0	0.0%	
	Pulmonary stenosis/ TOF	3	4.8%	0	0.0%	
	TOF	2	3.2%	0	0.0%	
	Others	5	8.1%	1	33.3%	
Anatomy of AV Valve (TEE)	Less than moderate AV regurgitation	36	58.1%	0	0.0%	0.084
	Moderate/severe AV valve regurgitation	26	41.9%	3	100.0%	
PAB	Yes	7	11.3%	0	0.0%	>0.999
Preoperative catheter evaluation	Yes	11	17.7%	0	0.0%	>0.999
Type of Patch Repair	Single patch	32	51.6%	0	0.0%	0.238
	Two patches with valves annuloplasty	30	48.4%	3	100.0%	
Intraoperative TEE findings	Significant findings (moderate/severe valve regurgitation or stenosis with or without residual shunt)	9	14.5%	2	66.7%	0.072
	Others	53	85.5%	1	33.3%	
CPB time (Minutes)	Median (IQR)	121.0 (99.0-160.0)		220.0 (170.0-242.0)		0.008*
Cross clamp time (Minutes)	Median (IQR)	88.0 (67.0-118.0)		120.0 (105.0-190.0)		0.091
Early complications	Arrhythmias	5	8.1%	0	0.0%	0.101
	low cardiac output	5	8.1%	1	33.3%	
	No	35	56.5%	0	0.0%	
	other	6	9.7%	1	33.3%	
	Pleural Effusion (chyle or not)	11	17.7%	1	33.3%	
Renal dysfunction with dialysis	Yes	8	12.9%	3	100%	0.004*
Sepsis	Yes	8	12.9%	3	100%	0.004*
Pulmonary HTN crisis	Yes	11	17.7%	2	66.7%	0.099
Last follow up TEE	Significant findings ^a	11	17.7%	1	33.3%	0.464
	Others	51	82.3%	2	66.7%	

*Significant at p <0.05 by Fisher's Exact and Mann-Whitney U tests

^aSignificant finding: moderate/severe mitral or tricuspid regurgitation or stenosis, with or without residual shunt

Table (4) demonstrated a significant association between the need for second unplanned operation and type A CAVSD (p = 0.041). The presence of preoperative moderate/severe AV valve regurgitation as detected in the TEE (p=0.035), the development of pleural effusion (chyle or not) as an early postoperative complication (p=0.016), and the detection of significant findings (moderate/severe mitral or tricuspid regurgitation or stenosis, with or without residual shunt) in the last follow up TEE (p = 0.014) were associated with need for 2nd unplanned operation.

Table (4): Factors associated with the need for second unplanned operation

		Second unplanned operation				P value
		No		Yes		
Sex	Female	34	55.7%	4	100.0%	0.135
	Male	27	44.3%	0	0.0%	
Age (Months)	Median (IQR)	8.0 (6.0-12.0)		6.5 (5.0-10.0)		0.375
Weight (kg)	Median (IQR)	5.5 (4.6-7.5)		5.3 (4.3-6.2)		0.435
Type of AVSD	A	54	88.5%	2	50.0%	0.041*
	B	1	1.6%	1	25.0%	
	C	6	9.8%	1	25.0%	
Associated cardiac anomalies	Aortic C	1	1.6%	0	0.0%	0.365
	NO	40	65.6%	2	50.0%	
	other	6	9.8%	0	0.0%	
	PHT	7	11.5%	1	25.0%	
	Pulmonary stenosis	3	4.9%	0	0.0%	
	Pulmonary stenosis/ TOF	2	3.3%	1	25.0%	
	TOF	2	3.3%	0	0.0%	
Anatomy of AV Valve (TEE)	Less than moderate AV regurgitation	36	59.0%	0	0.0%	0.035*
	Moderate/severe AV valve regurgitation	25	41.0%	4	100.0%	
PAB	Yes	6	9.8%	1	25.0%	0.373
Preoperative catheter evaluation	Yes	11	18.0%	0	0.0%	>0.999
Type of Patch Repair	Single patch	29	47.5%	3	75.0%	0.355
	Two patches with valves annuloplasty	32	52.5%	1	25.0%	
CPB time (Minutes)	Median (IQR)	123.0 (99.0-162.0)		121.0 (119.0-178.0)		0.626
Cross clamp time (Minutes)	Median (IQR)	87.0 (67.0-120.0)		97.5 (92.5-147.0)		0.293
Early complications	Arrhythmia	4	6.6%	1	25.0%	0.016*
	low cardiac output	6	9.8%	0	0.0%	
	No	35	57.4%	0	0.0%	
	Others	7	11.5%	0	0.0%	
	Pleural effusion (chyle or not)	9	14.8%	3	75.0%	
Last follow up TEE	Others	52	85.2%	1	25.0%	0.014*
	Significant findings ^a	9	14.8%	3	75.0%	

*Significant at p <0.05 by Fisher's Exact and Mann-Whitney U tests

^aSignificant finding: moderate/severe mitral or tricuspid regurgitation or stenosis, with or without residual shunt

DISCUSSION

Down syndrome is accompanied with congenital cardiovascular defects in more than half of cases. The most frequently detected anomalies are CAVSD. Complete AVSD is a complex heart anomaly characterized by variable defects in both atria and ventricles, the septum and the AV valves ⁽¹¹⁾.

This study reports the experience of our institution in surgical correction of CAVSD in DS patients. In-hospital mortality was recorded in 3 (4.6%) cases, while the rate of second unplanned operation mainly for correction of valves regurgitation and residual

shunt was 6.2%. Other outcomes included heart block that needed PPM insertion in 3 (4.6%) patients and the need for hospital readmission in 4 (6.2%) of patients. In-hospital mortality was significantly associated prolonged CPB time and the development of renal dysfunction that required dialysis or sepsis during the ICU care. Patients with type A CAVSD, preoperative moderate/severe AV valve regurgitation, postoperative moderate/ severe mitral or tricuspid regurgitation or stenosis, with or without residual shunt as detected in the last follow up TEE, or those who developed pleural effusion (chyle or not) during

ICU care were at increased risk for a second unplanned operation.

In-hospital mortality was documented in 3 (4.6%) patients in the present study. In-hospital mortality was significantly associated with prolonged CPB time and the development of renal dysfunction that required dialysis or sepsis during the ICU care. A comparable study included 198 children (78% of them were DS patients) who underwent CAVSD repair over a long period from 1974 to 2000 at a single tertiary care center reported an overall early mortality, defined as death within 30 days after CAVSD repair or before hospital discharge of 10.1% that significantly decreased to 2.9% in the late surgical era from 1991 to 2000 (12). A more recent study analyzed the outcomes of surgical repair of CAVSD in patients younger than 2 years, of whom 70% were DS recorded hospital mortality of seven (5%) cases. Moreover, they concluded that preoperative and postoperative AV valve regurgitation did not significantly affect patient' survival. Much higher incidence of 30-day mortality (15%) was recorded by **Al-Hay et al.** (13) who consecutively recruited 147 children underwent CAVSD repair between 1986 and 1998, 106 of them had DS.

Better understanding of the anatomy and optimization of surgical techniques have improved early clinical outcome of surgical correction of CAVSD. However, a high risk of reoperation up to 10% has been identified. Moreover, reoperations have been recognized as significant risk factor for late mortality after primary CAVSD repair (12).

In this work, 4 (6.2%) patients needed second unplanned operation. The indications were correction of mitral valve regurgitation associated with VSD in two cases, only mitral valve repair in one case, and pulmonary valvoplasty in another case. An earlier study included partial and complete AVSD primary repairs reported left atrioventricular valve regurgitation as the most common indications for reoperation that may be accompanied with right atrioventricular valve regurgitation, ventricular septal defect, or atrial septal defect (14). Further experience in another institution reported higher incidence of reoperation (14.2%) for moderate/severe AV valve regurgitation (15). The reported low rate of reoperation in our study agrees with **Dawary et al.** (16) who reported a significantly lower reoperation rates among Down patients versus non-Down patients. They attributed this difference to the more redundant tissues in Down patients than non-Down patients did, which helps with the repair. An earlier study comprised 87 patients with CAVSD with 74% diagnosed with Down syndrome also concluded that DS is not a risk factor for reoperation (17).

Patients with type A CAVSD, preoperative moderate/severe AV valve regurgitation,

postoperative moderate/severe mitral or tricuspid regurgitation or stenosis, with or without residual shunt as detected in the last follow up TEE, or those who developed pleural effusion (chyle or not) during ICU care were at increased risk for a second unplanned operation. This is in line with **Ijsselhof et al.** (18) who concluded that residual left and right atrioventricular valve regurgitation and abnormal conduction at discharge were among the subcomponents strongly associated with post-discharge reinterventions.

Complete AVSD has been classified into three types by **Rastelli et al.** (19) according to the insertion of the chordae and the structure of the superior bridging leaflet of the common AV valve. In our study, type A in which the superior bridging leaflet of the common atrioventricular valve is attached to the left ventricular surface of the interventricular septum with the help of chordae showed a significant association with the risk of reoperation.

Surgical management of these complex anomalies can be achieved through different procedures that include using a single patch, double patch, or a modified single patch technique. In our study, the type of the patch whether single or double did not significantly contribute neither to mortality nor to the reoperation. This finding agrees with **Dawary et al.** (16), **Pan et al.** (20) and **Fong et al.** (21).

In the current study, heart block that needed PPM insertion was recorded in 3 (4.6%) patients. **Dawary et al.** (16) recorded a higher incidence of postoperative arrhythmia (14%), of whom 11% required pacemaker insertion. As well, **Günther et al.** (22) reported a comparable incidence of PPM insertion (5%) while **Crawford and Stroud** (23) reported a slightly higher incidence of 6.4%.

One of the most frequent early complication in this study was pleural effusion (chyle or not) that was recorded in 12 (18.5%) patients. Furthermore, both sepsis and renal dysfunction were determined in 11 (16.9%) each, and they were significantly associated with in hospital mortality. A study described the outcomes of surgical repair of CAVSD in DS patients versus patients having CAVSD, but with normal karyotype. They reported higher incidence of infectious complications (21%) in DS patients (9). **Dawary et al.** (16) also reported higher frequency (23%) of infectious complications in a mixed cohort of DS and non-DS patients. Furthermore, **Günther et al.** (22) reported death of 10 patients out of 52 who developed infectious complications following CAVSD repair.

The retrospective study design that might carry risk of low quality of data collection, besides being a single institution experience are considered limitations of this study. Further, the uncommon nature of CAVSD in comparison to other congenital

cardiac defects, in addition to the directed objective of studying the outcomes in only Down syndrome patients contributed to the small sample size. Further the unbalanced groups of comparison regarding the number of patients in each group made the development of a risk prediction model for mortality and reoperation to be difficult.

CONCLUSION

In view of the incidence of the hospital mortality, reoperation, and other postoperative morbidities, we suggest that our outcomes are accepted for surgical repair of CAVSD in Down patients. The CPB time, the development of renal dysfunction that required dialysis or sepsis during the ICU care significantly contributed to the hospital mortality. The presence of preoperative and postoperative AV valve regurgitation and/or shunts significantly contributed to the risk of reoperation but did not show a significant relation to hospital mortality.

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