

Egyptian Mother-to-fetus transmission of Parvovirus B-19 in the first trimester abortions

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Abstract

Parvovirus B-19 infection is a common mild illness in adulthood and usually subclinical in childhood. Serious illness can be caused by this virus in certain circumstances. When a pregnant female contracts parvovirus B-19 complications may affect the fetus and/or the newly born. A study of 240 parturient mothers was carried out to assess the possible role of this virus in abortion. Detection of virus-DNA in fetal tissues by PCR confirmed mother-fetus transmission.

Introduction

Parvovirus B-19 (**Pattison and Patou, 1996**) is a single strand DNA virus of small size that infects humans usually by inhalation, but can be transmitted by blood, blood products, plasma and bone marrow transfusion (**Siegl and Cassinoly, 1988**). In immunocompetent persons subclinical infection is predominant. The clinical infection of children is erythema infectiosum and of adults are polyarthritis, transient aplastic crisis, and pure red cell aplasia. Infected adult pregnant females in their first trimester, may transmit parvovirus B19 to their fetus where infection of the fetal heart leads to non-immune hydrops fetalis, and erythrocyte progenitor cell suppression. Parvovirus B19 infects placental endothelia with high titer output that enables the virus to cross the placenta barrier to the fetus where it grows in liver, bone marrow, heart and skin. Multi-organ infection may progress to abortion, still birth or postnatal death (**Enders et al. 2004 and Yong et al. 2004**). Parvovirus B-19 may cause chronic infection (**Frickhofen and Young 1989 and Koch & Adler 1990**).

Parvovirus B19 serological and molecular tests are used to diagnose infection. IgM anti-parvo B19 is a marker of early immune

response in acute infection. IgG anti Parvovirus B19 is a marker of past exposure. The enzyme-linked immunosorbent assay (ELISA) test is used to assay these antibodies in patient's sera but not in fetal blood due to the immature immune system response. Detection of Parvovirus B19 – DNA by polymerase chain reaction (PCR) is used to evaluate qualitatively or quantitatively viral DNA. Viremia titer is up to 10^{11} to 10^{13} genome equivalents/ml). There are variations in Parvovirus B19 PCR results, because of the choices of primer sites, the PCR procedure (**Anderson et al., 1985**) and the existence of virus variants (**Heegaard et al., 2001; Servant et al., 2002; Saldanha et al., 2002; Hokynar et al., 2004**). In our study we selected Parvovirus B19 VP1 gene primers for PCR according to **Koch and Adler (1990)**.

Aim of Study

To assess mother to fetus transmission of parvovirus B-19 when pregnant mothers are hospitalized for spontaneous abortion in the first trimester.

Study Conditions

The plan of the study was approved by the ethical committees in both Al-Azhar University and El-Sahel Teaching Hospital. An informed consent was signed by each subject after explaining the purpose of the study.

Pregnant Females

This study covered 240 Egyptian parturient women aged between 17-41 years who were admitted to Obstetrics and Gynecology Department of Sahel Teaching Hospital, Ministry of Health, Cairo. One hundred and twenty were in labor at full term and 120 were first trimester undergoing spontaneous abortion. Demographic data plus past history of number and outcome of previous pregnancy, febrile illness or jaundice, surgery or dental treatment, intravenous drugs or blood transfusion were recorded. None of these 240 subjects recalled a history of symptoms and signs suggestive of their household contacts infection with parvovirus B19.

Materials and Methods

Materials:

Samples

Maternal venous blood (10 ml) and 3-5 ml of fetal cord vein blood were collected. Aborted fetal tissues were placed in a sterile container with addition of antibacterial and antimycotic drug mixture.

ELISA Kits

Specific IgM anti parvovirus B19 VP1 (code 57131) kits were from IBL, Germany.

PCR Primers (Koch and Adler, 1990)

These were:

- K-1 primer (5' - 3') nucleotide numbers 2936 – 2954, and
- K-2 primer (5' - 3') nucleotide numbers 3617 – 3635.

The nucleotides are located in VPI gene sequence and the amplification product is 699 base pair.

Reagents for Biochemical Tests

Reagents for biochemical analysis were from Boehringer, Germany.

Methods:

ELISA Test

The commercial ELISA kit instructions were employed.

Biochemical Analyses

These included: total and direct bilirubin, total protein, albumin, aspartate aminotransferase (AST) and alanine aminotransferase (ALT), alkaline phosphatase, gamma-glutamyl transferase (γ -GT), α -fetoprotein (AFP), serum iron and total iron binding capacity assays. The standard procedures were done.

Extraction of Parvovirus B19 DNA for PCR

DNA was extracted directly from 100 μ l of each serum sample / or from 1-2 gm aborted fetal tissue by guanidium thiocyanate / phenol / chloroform followed by chloroform / isoamyl alcohol and was precipitated by ethanol (Chomczynski and Sacchi 1987). The extracted DNA was dissolved in 20 μ l of diethyl pyrocarbonate (DEPC)-treated water. The mixture was heated at 95°C for 5 minutes, then chilled on ice.

Parvovirus B19 DNA PCR

Two microliters of the extracted sample DNA was combined with 2 μ l of 1P M of each primer (K1 5'-ATA AAT CCA TAT ACT CAT T-3') and the sense one (K2 5'-CTA AAG TAT CCT GAC CTT G-3'), 5 μ l 10 x PCR buffer (500 mM Tris-HCL, pH 8.3, 500 mM KCl, 100 mM MgCl₂, 40 mM Dithiothreitol, (Advanced Biotechnology), 4 μ l of 2mM MgCl₂ and 2 μ l of 200 μ M dNTPs (Promega) in a 50 μ l reaction volume. Taq DNA polymerase (GIBCO-BRL) 0.5 μ l containing 2 U was added to the mixture after an initial 3 minutes

incubation at 94°C using Perkin Elmer 9600 thermal cycler. Thirty five rounds of amplification were performed under the following conditions; 94°C for 2 minutes, 37°C for 2 minutes and 72°C for 3 minutes, product was placed in a lane slot with one lane for the DNA molecular weight marker (Ø x 174 DNA / Hinf 1 marker, Promega) for electrophoresis on a 2% agarose minigel. After staining the gels with ethidium bromide they were viewed under UV light and photographed. Amplicones of 699 bp molecular weight were considered positive amplicones of parvovirus B-19 VP1 gene DNA (Koch and Alder, 1990).

Results

Parvovirus B19 Serology and PCR

Table (1) showed that among 120 aborted women only 3 were anti-parvovirus B19

and then followed by one round at 72°C for 7 minutes to complete the extension of the primers. After amplification, 10 µl of each amplified

IgM antibody positive (2.5%), while out of 120 full-term parturient women, one (0.83%) was anti-parvovirus B19 IgM positive. This difference was not statistically significant ($P>0.05$) and can't be used for differential diagnosis. Only 1 of 120 (0.83%) aborted women had anti-parvovirus B19 IgM and virus DNA; however 2 of them (1.66%) were parvovirus B19 IgM positive only but negative for virus DNA (Table 2). The serum sample which had high level of anti-parvovirus B19 IgM (0.646) ELISA optical density (O.D.) was positive for parvovirus B19 DNA, while the two sera which had ODs lower than 0.600 O.D. were negative for virus DNA.

Table (1): Parvovirus B19 IgM antibody among aborted and full-term parturient women

Category	Aborted Women (120 cases)		Full Term Delivery Women (120 cases)	
	Number	Percent	Number	Percent
Parvovirus IgM positive women	3	2.5	1	0.83
Parvovirus IgM negative women	117	97.5	119	99.17
Total	120	100	120	100
P-value	>0.05 N.S.			

Table (2): Aborted Women IgM Antibody to Parvovirus B19 and Virus DNA

Case No.	Mother's Serum	
	Anti-parvovirus IgM ELISA*	Viral DNA PCR
35	+ve (0.646)	+ve
65	+ve (0.515)	-ve
104	+ve (0.574)	-ve

* An optical density (OD) reading above the cutoff value of IgM (0.384λ) is considered positive.

Table (3) showed that the level of alpha-fetoprotein in the serum of three parvovirus B 19 IgM positive aborted mothers was higher than the normal value, while it was within the normal range in the sera of 117 parvovirus B 19 IgM negative aborted mothers. This difference was statistically highly significant ($P>0.01$). These cases aborted in the first trimester. The α -fetoprotein level changes according to gestation age so it was not feasible to derive a solid association with the fate of gestation.

Table (3): Alpha-fetoprotein level in serum of anti-parvovirus B19 IgM positive and negative aborted women

AFP	Anti-parvovirus B19 IgM positive aborted women (3 cases)	Anti-parvovirus B19 IgM negative aborted women (117 cases)
Range N: up to 8.5)	54 – 72 ng/ml	6.2 – 7.5 ng/ml
Mean	64	7.03
SD \pm	9.17	0.72
P-value	<0.01 H.S.	

The results of Table (4) indicated that the one anti-parvovirus B19 IgM and virus DNA positive aborted woman transmitted the virus to her fetus. Also though that the two anti-parvovirus B19 IgM positive who had no viremia, did transmit the virus to their feti. None of the full-term delivered mothers passed parvovirus B19 to their feti.

Table (4): Comparison of maternal serum parvovirus B19 DNA and anti-parvovirus B19 IgM in aborted fetus tissue with full-term parturient mother fetal cord blood

Category	Maternal Serum		Fetal Tissue
	Anti-parvovirus B19 IgM*	Parvovirus B19 DNA by PCR	Parvovirus B19 DNA by PCR
First trimester abortion	+ve (0.646)	+ve	+ve
	+ve (0.515)	-ve	+ve
	+ve (0.574)	-ve	+ve
Full-term delivery	+ve (0.446)	-ve**	-ve**

* *An optical density (OD) reading above the cutoff value of IgM (0.384 λ) is considered positive.*

** *The cord blood of the delivered baby was negative for parvovirus B-19 DNA.*

Discussion:

About 50% of adults have parvovirus B19 IgG antibody which is a marker of past exposure. This proportion increases to more than 90% in the elderly (Cohen and Buckley, 1988). An annual seroconversion rate of 1.5% was estimated in a study of serial samples from women of child-bearing age (Koch and Alder, 1990). IgM anti-parvovirus B19 is a marker of acute infection (Schwarz et al., 1992 and 1997). A total of 1047 pregnant women in Kuwait

had 2.2% parvo virus B19 IgM. On the other hand, 53.3% had IgG anti-parvo B19 (Maksheed et al., 1999) similar to 52% IgG anti-parvovirus B19 seropositive parturient mothers in Egypt (Ibrahim et al., 1993). Ibrahim et al. (1993) detected also IgG anti-parvo virus B19 in 30% spontaneously aborted women without any IgM reactivity.

There are reports that associate adult female serum parvovirus B19 IgM seropositivity with household or occupational contact

with parvovirus B19 subclinical/clinical infections of sibling or contact children (Koch and Alder, 1990; Gillespie et al., 1990; Cartter et al., 1991; Ibrahim et al., 1993). If the females were non-immune and pregnant, then transplacental transmission of parvovirus B19 to the fetus mostly in the third and less in the first trimester occurred (Nyman et al., 2002). This was associated with intrauterine death, abortion, multi-organ infection, and non-immune hydrops fetalis, whether the maternal infection was symptomatic or asymptomatic. Placental tissue villous trophoblast layer provides target cells for parvo virus replication (Jordan and DeLoia, 1999; Nyman et al., 2002; and Quemelo et al., 2007). In our study, IgM antibody seropositivity in first trimester aborting females was 3/120 (2.5%) and parturient full-term females was 1/120 (0.83%) in contrast to the report by Ibrahim et al. (1993). This change in the antibody marker of acute parvovirus B19 infection reflects variations in the seasonal virus infection and also demographic changes. Parvovirus DNA was 1/120 (0.83%) in aborting mother's serum but was nil in parturient full-term pregnant mothers.

Detection of viral DNA in aborted fetus tissue is evidence of mother to fetus transmission in the case of IgM anti-parvovirus B19 seropositivity. Viral DNA in aborted tissue was present in 3/3 (100%) but nil in full-term delivery cord vein blood. Yet, detection of virus DNA in maternal serum was not a predictive marker of mother to fetus transmission as two serum parvo virus DNA negative mothers passed the infection to their fetu. In the study from Kuwait, the rate of fetal loss was 15.4% in the first two trimester parvovirus B19 infected aborting mothers (Maksheed et al., 1999). This result may have been different if detection of viral-DNA data were available for mother-fetus paired samples. Our study weakness is that the subject number is small (240). Our data about some of the salient features of parvovirus B19 mother/fetus/newborn infection-transmission is in concordance with previous publications from developed and developing countries and emphasizes

the choice of PCR for viral DNA detection as the most reliable test using fetal tissue. The use of PCR and fetal tissue for detection of human parvovirus B-19 DNA in events of first trimester intrauterine fetal death improved diagnosis. Our experience is in agreement with previous report (Tolvenstam et al., 2001).

In our study, 3/120 (2.5%) first trimester spontaneously aborted women were positive for anti-parvovirus B19 IgM, while only 1/120 (0.83%) full-term delivered women (control group) had IgM anti parvovirus B-19. Our results showed that IgM anti parvovirus B-19 in maternal serum was not predictive of virus transmission to the fetus.

Serum parvovirus B19-DNA was detected in one out of the three anti-parvovirus B19 IgM positive aborted women, while the parvovirus B-19 IgM positive full-term parturient woman was negative for parvovirus B-19 DNA. Nyman et al. (2002) also reported that parvovirus B-19 associated fetal loss in the first trimester should be affirmed by testing the fetal tissue to exclude possible contamination of placental tissue with viremic maternal blood. Our results are based on fetal tissue testing to provide solid diagnosis.

In first trimester abortion current study, the three anti-parvovirus B19 IgM positive aborted woman-fetus pair there was 100% vertical virus transmission. Whether acute Maternal parvovirus infection (IgM +ve, DNA +ve) or early maternal recovery (IgM +ve, DNA -ve) led to 2.5% vertical virus transmission and have been the principal cause of spontaneous abortion. Meanwhile, the one anti-parvovirus B19 IgM positive full-term parturient woman and her infant cord serum were both parvovirus B19 DNA negative. This 2.5% is near the 3% reported by Nyman et al. (2002).

Conclusion

There was correlation between markers of maternal acute infection and vertical transmission of parvovirus B19 with fetal wasting in the first trimester pregnancy. We

recommend premarital screening for immunity to parvovirus B19 and proper counseling of non-immune females. Should a vaccine against parvovirus B19 become available, then the Ministry of Health authorities should consider selective vaccinations for naïve subjects especially when other health problems exist raising the risk of viral infection complications.

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انتقال عدوى فيروس البارفو ب 19 من الأم المصرية للجنين في الثلاث شهور الأولى من الحمل و الاجهاض

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مقدمة:

الأمراض الفيروسية مشكلة صحية عامة في الدول النامية . و قد تكون الاصابة بفيروس "البارفو ب 19" مصحوبة أو غير مصحوبة بأعراض و قد تكون الأعراض حادة جدا و خاصة اذا أصاب السيدات الحوامل، و قد ينتقل الفيروس من الأمهات الحوامل المصابات به الي أجنتهن مما قد يؤدي أحيانا الي وفاة الجنين داخل الرحم أو اجهاض السيدة ، و هكذا يعتبر الاصابة بهذا الفيروس من أسباب الاجهاض .

هدف الدراسة:

تهدف هذه الدراسة الي معرفة معدلات انتشار البارفو فيروس ب 19 بين الأمهات المصريات الحوامل و تقدير خطورة انتقال كل منهما من الأمهات الحوامل الي أجنتهن ، و لانجاز هذا البحث تم اختيار 240 سيدة حامل تراوحت أعمارهن بين 17 -41 سنة من المسجلات بقسم النساء و الولادة بمستشفى الساحل التعليمي في الفترة من يناير 1998 الي يناير 1999 م منهم 120 سيدة في حالة اجهاض تلقائي في الأشهر الثلاث الأولى من الحمل و 120 سيدة أخرى أكملن فترة الحمل و في حالة ولادة طبيعية.

أجرى اختبار الايليزالتواجد الاجسام المضادة للفيروس فصيلة م علي مصل دم 120 سيدة اللاتي في حالة اجهاض و 120 سيدة اللاتي أكملن فترة الحمل و قد وجد أن ثلاثم من 120 (2.5%) سيدة اللاتي في حالة اجهاض موجبات للاختبار ، مقارنة بواحدة من 120 (0.8%) سيدة اللاتي أكملن فترة الحمل كانت موجبة لنفس الاختبار . و اجراختبار الحمض النووى دنا الفيروسي

تشير الدراسة الحالية الي أن 3/3 (100%) سيدات اللاتي في حالة اجهاض أعطى نسيج كل أجنتهن نتيجة ايجابية لاختبار الدنا الفيروسي و اللتي أكملت فترة الحمل أعطى دم الحبل السرى لطفلها نتيجة سالبة لنفس الاختبار. و هكذا يؤدي اصابة السيدات الحوامل بفيروس البارفو ب 19 في الفترة الاولى من الحمل الي انتقاله الي أجنتهن مسببا اجهاضا تلقائيا لهن.

التوصية:

- يجب اضافة اختبار الاجسام المضادة لفيروس البارفو ب 19 الي التحاليل الشخصية لأسباب الاجهاض و موت الجنين داخل الرحم .
- يجب عمل اختبار البارفو ب 19 علي نطاق واسع بين الأمهات المصريات الحوامل في مختلف المناطق الجغرافية لايضاح حجم هذه المشكلة الصحية حيث أن عدد الأمهات اللاتي شملتهن الدراسة يعد محدودا لبيان معدلات انتشار هذين الفيروسين.