

## **Evaluation of Different Techniques in Diagnosing Chlamydial Endocervical Infection Among Egyptian Females**

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### **Abstract**

**Objective:** To detect the prevalence of Chlamydia. Trachomatis infection symptomatic and asymptomatic in Egyptian females and to evaluate the diagnostic utility of polymerase chain reaction (PCR), direct immunofluorescence technique (DIF), and enzyme-linked immunosorbent assay (ELISA) for detection of C Trachomatis DNA, antigen and antibody respectively.

**Study design:** The study included 70 females who have been classified into :20 patients with tubal infertility, 15 patients with ectopic pregnancy, 20 patients with premature rupture of membrane (PROM) and 15 apparently healthy women (asymptomatic group). Endocervical specimens, vaginal swab and 3 ml blood samples have been collected from all subjects and stored at  $-20^{\circ}\text{C}$  till being processed. PCR, DIF and ELISA techniques have been done to detect C. Trachomatis DNA, antigen and antibody respectively.

**Results:** C. Trachomatis DNA was detected by PCR in the endocervix of 17 out of 55 infected cases (30.9 % ). however DIF technique was positive for 21.6% of patient groups and 13.3% of asymptomatic group. The tubal infertility group showed the highest percentage of active C. Trachomatis infection (45%) ( $P < 0.05$ ) PCR showed better sensitivity than DIF for detection of C. Trachomatis infection (96.2% versus 70% respectively), however both techniques had 100% specificity. Tubal infertility group showed highest sero prevalence (45%), followed by ectopic pregnancy group (35%) ( $P = 0.001$  and  $P < 0.05$  respectively).

**Conclusions:** PCR procedure is suitable for confirmation of ELISA results in high-volume laboratories. Cost, experience of the laboratory personnel and the patient well-being must be taken into account to select the test for the detection of C.Trachomatis infections.

## Introduction

Chlamydia Trachomatis is a small obligate intracellular parasite frequently implicated in sexually transmitted diseases such as cervicitis, non gonococcal urethritis and pelvic inflammatory disease in women, and non-gonococcal urethritis, epididymitis and proctitis in men. (1)

Symptoms of Chlamydia infection in women include: abnormal genital discharge, painful or frequent urination, burning or itching in vaginal area, redness, swelling or soreness of the vulva or pain in the pelvis during sex. (2)

However, half of infected women and 25 percent of infected men may have no symptoms. As a result the disease is often not diagnosed until complications develop. (3, 4) Chlamydia in women can cause pelvic inflammatory disease and thus potential infertility, ectopic pregnancy, Proctitis and Conjunctivitis. (3, 4)

The infection can be passed from mother to the baby and may cause : premature rupture of membrane, preterm birth, pneumonia and conjunctivitis of the baby's eyes. (5, 6)

Additionally, recent studies of Levgur and Duvivier (7) suggested that chlamydial genital infections may be a risk factor facilitating sexual transmission of HIV. For all these reasons improved means for prevention and control of early diagnosed cases are urgently needed. Culture on McCoy cell monolayer are considered to be the reference method for chlamydial detection, but the method is laborious and slow. (8)

A number of rapid test kits are commercially available for direct detection of Chlamydia trachomatis in endocervical specimens. These tests depend upon the use of either chlamydial DNA probe or antichlamydial

monoclonal antibodies as in the enzyme-linked immunosorbent assay or the direct fluorescent antibody staining technique. (9) All are good tests, but improvements in test sensitivity are an ongoing quest, specially for women with no symptoms.

The use of nucleic acid amplification methods such as polymerase chain reaction (PCR) and ligase chain reaction (LGR) have significantly improved the diagnosis of genital chlamydial infections, as they have been highly sensitive and specific and they are capable of detecting small amount of chlamydial DNA that are present in urine and self collected vaginal swabs that afford the opportunity to develop universal easy screening programs. (10, 11, 12, 13)

In this study, we aimed to detect the prevalence of C.Trachomatis infection among symptomatic and asymptomatic Egyptian females and its sequels, and to evaluate the diagnostic utility of PCR, direct immunofluorescence technique (DIF) and enzyme-linked immunosorbent assay (ELISA) for detection of C. Trachomatis DNA, antigen and antibody respectively.

## Subjects and methods

This study included 70 selected females attending the gynecology and obstetric Department of Al-Zahraa University hospital over a period of one year. They have been classified according to their full clinical history, examination, ultrasonography and laparoscopic findings into three groups : tubal infertility (20 cases); ectopic pregnancy (15 cases) and premature rupture of membrane (20 cases) in addition to asymptomatic group who consists of 15 apparently healthy well

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matched fertile females. Patients who had other factors of infertility, patient who have had antibiotics or pelvic surgery during the last two months were excluded from the study.

### Specimens collection :

Three types of specimens have been collected from all subjects of the study. Endocervical specimens, vaginal swabs and 3 ml clotted blood samples for separation of sera to be stored in aliquots at  $-20^{\circ}\text{C}$  till being processed. The endocervical specimens were collected as follows :

1. Endocervical mucous was sucked with long insulin syring to detect polymorphonuclear leucocytes (PMNLS) by leukocyte esterase test kit and Leishman stain. (14)
2. Endocervical smear for detection of *C. Trachomatis* major outer membrane protein (MOMP) antigen by DIF (Direct immunofluorescent).
3. Endocervical swabs for detection of *C. Trachomatis* DNA using PCR technique. (10). Endocervical and vaginal swabs were immersed immediately and separately in 800 ml of PCR lyses buffer and kept at  $-80^{\circ}\text{C}$  degrees till processing.

### Methods:

#### 1) Detection of polymorphonuclear leukocytes.

a- leukocyte esterase dipstick kit (LET) supplied by Bayet diagnostics which depends upon detection of granulocyte esterase.

b- Leishman stained smear for presence of  $> 5$  PMNLS / HPF according to Mosciki et al. (14)

#### 2) Direct immunofluorescent technique (DIF).

Pathfinder TM Fluorescein conjugated monoclonal antibody that

react with MOMP of *Trachomatis*. A specimen was considered positive if  $> 5$  extracellular elementary bodies were detected per well. (photo 1)



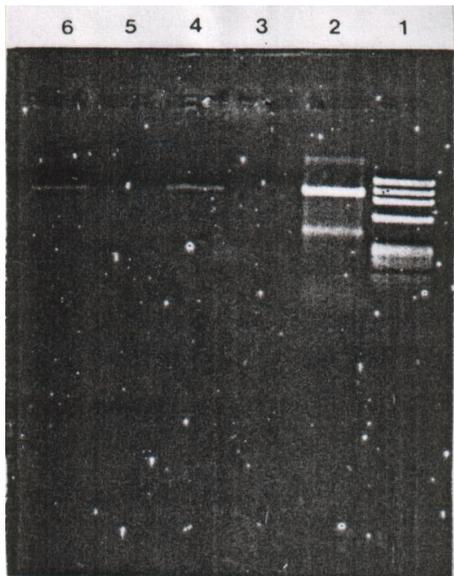
*Photo (1) : Positive DIF for C. Trachomatis MOMP antigen (400x).*

#### 3) polymerase chain reaction (PCR).

It is used for detection of *C. Trachomatis* according to method of Dean et al (12) through 3 main steps.

- ◆ DNA extraction using proteinase k supplied by Boehringer Mannheim.
- ◆ DNA amplification.
- ◆ Detection of DNA specific products.

The amplified reaction mixture was analyzed by electrophoresis on 1.5% agarose gel in tris acetate EDTA buffer stained with ethidium bromide to be visualized under ultraviolet transillumination according to methods of Sambrook et al. (23)



**Photo 2 : Electrophoretic separation of PCR amplified products**

Site 1 : DNA molecular weight marker : O x 174 Hall ( Boehringer Mannheim ) ranging in size from 72 to 1353 bp .  
Site 2 : Positive control .  
Site 3 : Negative control .  
Site 4 & 6 : positive PCR ( specific product ) samples .  
Site 5 : Negative PCR sample .

#### **4)Enzyme-linked immunosorbant assay (ELISA).**

Chlamydia Trachomatis IgG were detected using solid phase sandwich micro assay technique.

### **Results**

C.Trachomatis DNA was detected by PCR in the endocervix of 17 out of 55 infected cases (30.9%). Upon evaluation of PCR and DIF techniques, PCR was positive for 21.6%. In addition, 2 out of 15 subjects (13.3%) of asymptomatic group had active C.Trachomatis infection detected by any of the 2 techniques.

Among the 3 patient groups we found that the tubal infertility group showed the highest percentage of active C. Trachomatis infection (45%) with a highly significant difference compared to asymptomatic group ( $p<0.05$ ), whereas this difference was insignificant in other groups (table 1).

PCR technique showed better sensitivity than DIF for the detection of active C. Trachomatis infection (96.2% versus 70%). However, both techniques had 100% specificity.

Moreover, sensitivity, specificity, positive and negative predictive values for detection of PMNCs as a predictor of C. Trachomatis infection were 78%, 66.8%, 45% and 89.4% respectively for stained smear and 74%, 65.5%, 51.2% and 89.4% respectively for LET.(Table 3)

Seroprevalence of C.Trachomatis IgG among studied groups revealed that tubal infertility showed highest seroprevalence (9 out of 20, 45%), followed by ectopic pregnancy (5 out of 15, 35%). This high seroprevalence in both groups was statistically significant versus asymptomatic group ( $P<0.001$  and  $P<0.05$  respectively).

80% of cases of tubal infertility ( $P<0.001$ ), 48% of cases of ectopic pregnancy( $P<0.05$ ) and 43% of cases with PROM ( $P>0.05$ , insignificant) were detected by PCR technique.

Evaluation of vaginal introitus specimens versus endocervical sampling sites using PCR technique revealed lower sensitivity of vaginal sites compared to endocervical ones for different patients groups with no statistically significant difference ( $P>0.05$ ) in cases with ectopic pregnancy, PROM and asymptomatic group. However, difference was statistically significant ( $P<0.05$ ) as regards tubal infertility group.(Table2) Fig(1)

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We found that vaginal sensitivity in all patients groups was 60% versus 100% for the control group.

Table (1) Chlamydia Trachomatis infection among the studied groups with different techniques used

Techniques used	Patients group						Asymptomatic group (no=15)	
	Tubal infertility (no=20)		Ectopic pregnancy (no=15)		PROM (no=20)			
	No	%	No	%	No	%	No	%
PCR	9	45	2	13.3	6	30	2	13.3
DIF	5	25	1	6.6	4	20	2	13.3
Ig G	11	55	5	35	6	30	2	13.3
PCR&DIF	9	45	2	13.3	6	30	2	13.3
X <sup>2</sup>	1.303		4.892		1.280		0.899	
P	<0.05		>0.05		>0.05		>0.05	
Ig G, PCR &DIF	11	55	5	35	6	30	2	13.3
X <sup>2</sup>	4.70		3.314		4.330			
P	<0.001		<0.03		<0.05			

P< 0.001 = highly significant

P< 0.05 = significant

Table (2) comparative evaluation of sampling sites using PCR techniques in different groups.

	Endocervical swab		Vaginal swab		X <sup>2</sup>	P
	+ve	%	+ve	%		
Tubal infertility no=50	23	46	13	26	2.410	<0.05
Ectopic pregnancy no=20	14	14	2	10	0.652	>0.05
PROM no=50	15	30	10	20	0.267	>0.05
Asymptomatic group no=30	1	3.3	0	0	-	-

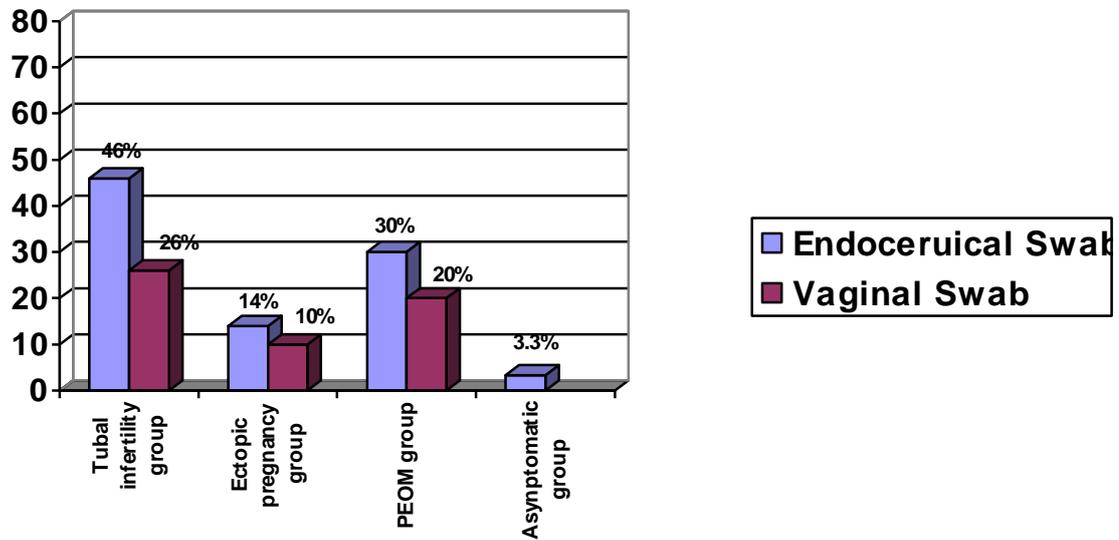
P< 0.05 = highly significant

P> 0.05 =no significant

Table (3): Statistical evaluation of PCR, DIF and presence of PMNLs as a predictor for the detection of active cervical chlamydia infection.

Test	Sensitivity %	Specificity %	Positive predictive value	Positive predictive value
PCR	96.2	100	100	98.4
DIF	70	100	100	88.5
Detection of PMNLs	78	66.8	45	89.4
Stained smear LET	74	65.5	51.2	89.4

Fig (1) show comparative evaluation of sample site using PCR technique in different group.



## Discussion:

Most urogenital *C. Trachomatis* infections are initially asymptomatic but may subsequently cause considerable long-term morbidity. Consequently, accurate diagnosis of *C. Trachomatis* infection requires the use of specific laboratory techniques. However there is no clinical or microbiological reference standard for diagnosis of *C. Trachomatis* infection. (15) culture was earlier considered the gold standard, however PCR studies suggest that the sensitivity of the culture even in expert laboratories is as low as 75 to 85% and is no longer considered a reference method of new diagnosis assay. (16)

In our study, we found the highest prevalence of *C. Trachomatis* infection was among women with tubal infertility (45%) followed by PROM (30%) and lastly ectopic pregnancy (13.3%). This results were proved previously in many studies (10,19).

Differences in prevalence may be just a reflection of the improvement in the sensitivity and specificity of laboratory testing methods which have

created a potential problem with interpreting data on Chlamydia prevalence trends.

El-Shourbagy et al (10) through using DIF technique showed a higher prevalence rate of Chlamydia infections in patients with ectopic pregnancy (77%) and PROM (44%). Our lower results may be a response to the recent development of public health programs sensitizing women to complications of *C. Trachomatis* infections and the empirical treatment of lower genital tract infection with widespread use of newer antibiotics especially azithromax that can both penetrate the tissue and sustain longer half-life.(1)

In addition, the estimated prevalence of *C. Trachomatis* infection by PCR in our asymptomatic group was 13.3%, whereas, the previously recorded prevalence in Egypt was 17.2% (10). In USA, Dicker et al, (21) reported a prevalence of 4.1 % upon using PCR technique. In Amsterdam, Panuco et al. (22) recorded a prevalence among population of 2.4%. this revealed the

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high prevalence rate of a symptomatic active *C. Trachomatis* infection among Egyptian females.

For the molecular diagnosis of active *C. Trachomatis* infection, we found that PCR technique was able to detect the endocervical DNA of MOMP gene with 96.2% sensitivity and 100% specificity.

Several investigators (14, 17, 18) reported sensitivity of 93.8%-100% using the same primers. There are PCR inhibitors that could be detected through the use of internal control and the performance of another extraction method to negative PCR specimen (18, 6, 19). So complete and effective removal of PCR inhibitors verify 100% PCR sensitivity. Thus DNA amplification based tests are ideally suitable for screening as they exhibit high sensitivity and specificity.

We found that DIF sensitivity and specificity were 70% and 100% respectively. Similarly, several studies revealed that DIF specificity of 100% and sensitivity of 70-84%, yet more sensitive than other cytologic means of diagnosing *C. Trachomatis* infection although less sensitive than culture and PCR (14).

The sensitivity, specificity, PPV (Positive Predictive Value) and NPV (Negative Predictive Value) of detection of PMNCs to predict Chlamydia infection were 76%, 65.6%, 46% and 87.5% respectively for stained smears and 77%, 67%, 49% and 87.5% respectively for LET. Mosciki et al.(14) and El-Shourbagy et al (20) found significant association of PMNCs in endocervical mucus with *C. Trachomatis* infection. So, it can predict women at risk for infection. The lower sensitivity and PPV recorded in our study versus the previous studies were attributed to their verification of the detection of PMNCs with techniques of

lower sensitivities than PCR, culture and DIF.

In consideration to ELISA for detection of *C. Trachomatis* IgG, we chose our cut off value as mean  $\pm$  25OD as high significant limit to ensure good specificity and prevents cross reactivity.

Also, our findings were evaluated in concordance with active infection as serological tests per se are rarely helpful in diagnosing diseases caused by *C. Trachomatis*. That is due to the high background of anti-chlamydial antibodies attributed to the high prevalence of recurrent infection or due to seronegativity with persistent active infection.

Seropositivity with active infections denoted persistence or recurrent infection. However, seropositivity without detection of *C. Trachomatis* antigen or DNA may be past infection with effective treatment, or active infection with *C. Trachomatis* DNA below detection level of PCR or due to the presence of PCR inhibitors that account for 0.9-2.4% of total PCR positive specimen as previously recorded by Vincelette et al (6) and Van der Pol et al (19).

In our study, the tubal infertility and ectopic pregnancy groups showed high seropositivity (52 % and 35% respectively) which is statistically significant than asymptomatic group (3.3%) ( $P < 0.001$  and  $< 0.05$  respectively). This finding was consistent with those of other investigators (10, 15, 19). These findings ensure the association between recurrent or persistent endocervical Chlamydia infection and the increased risk of ectopic pregnancy (9, 10).

It was observed in this study that all patients positive for *C. Trachomatis* DNA in vaginal discharge have PMNCs detected by either LET or in

Leishman stained smears. This could be attributed to increases shedding of cervical epithelial cells associated with congestion and hyperemia due to inflammation. (1, 13, 15, 19)

We concluded that, the PCR procedure is suitable for confirmation of ELISA results in high-volume laboratories, as it has a high concordance rate compared to the rapid test. The sensitivity of ELISA can be improved by retesting specimens with OD (Optic Density) values just below the cut off value, specially when a female population with a low prevalence of C. Trachomatis infection is being examined. The rapid test should be thoroughly evaluated by applying it on a larger scale.

When selecting a test for the detection of C. Trachomatis infection, many factors must be taken into accounts, such as cost and experience of the laboratory personnel. The well being of the patient is also part of the decision. Additional studies will be required to evaluate both the cost-effectiveness and head to head performance comparisons of different diagnostic tests among moderate and high prevalence populations and to determine the best approach for screening these populations,

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## تقييم الوسائل المختلفة في تشخيص العدوى بالكلاميديا في عنق الرحم بين السيدات المصريات .

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### الغرض من البحث :

لمعرفة مدى انتشار العدوى بالكلاميديا بين السيدات المصريات اللاتي تظهر لديهن أعراض واللاتي لا تظهر لديهن أعراض المرض . وأيضاً لتقييم الوسائل المختلفة لتشخيص الكلاميديا مثل اختبار الحمض النووي والأجسام المضادة .

### خطة البحث :

وقد أجرى هذا البحث علي 70 سيدة وتم تقسيمهن كالتالي :-

- 20 سيدة يعانين من عقم بسبب انسداد قناتي فالوب.

- 15 سيدة يعانين من حمل خارج الرحم .

- 20 سيدة حامل يعانين من انفجار مبكر لغشاء السائل الأمنيوسي .

- 15 سيدة لا يعانين من شئ في الظاهر .

وقد تم أخذ ثلاث عينات من كل سيدة : عينة من عنق الرحم وعينة من المهبل وعينة دم تم فصل المصل منها وتم وضعها في درجة حرارة -20 درجة مئوية لحين استخدامها في الفحص .

### النتائج :

لقد تم الكشف عن 17 من 55 حالة مصابة بالكلاميديا عن طريق اختبار الحمض النووي بتفاعل سلسلة البولي ميراز ( ب . س . ر ) و 21.6% من الحالات تم تشخيصهم عن طريق استخدام الفلورسنت المناعي النشط ( دي . أي . أف ) بينما السيدات اللاتي لا يعانين من أي أعراض ظاهرية وجد أن 31.3% منهم يحملن ميكروب الكلاميديا كما ظهر بطريقتي ( ب . س . ر ) و ( دي . أي . أف ) .

وجد أن المرضى اللاتي تعانين من العقم بسبب انسداد الأنابيب هن الأكثر أصابه بالميكروب ( 45% ) . كما نتج من البحث أن استخدام ( ب . س . ر ) في التشخيص هي الطريقة الأفضل حساسية وخصوصية .

### الاستنتاج:

نستخلص من هذا البحث أنه توجد طرق عديدة لتشخيص الالتهاب بالكلاميديا.

وان الطريقة الأفضل و الادق هي استخدام تفاعل سلسلة البوليمراز (ب.س.ر)

ولكن نظرا لأنها باهظة التكاليف لذا يوصى باستخدامها لتدعيم تشخيص الكلاميديا بتحليل الدم التي تعتمد على البحث عن الأجسام المضادة مثل الاليزا ويجب أن نأخذ في الاعتبار عند تشخيص حالات العدوى بالكلاميديا: تكاليف التشخيص و كفاءة و خبرة العاملين بالمعمل و أيضا حالة المريضة وذلك حتى يسهل علينا اختيار الوسيلة المثلى للتشخيص.